



Immigration cases often benefit from psychological evaluations that document hardship, trauma, or family impact. A licensed Marriage and Family Therapist (MFT) trained in these evaluations can help strengthen your legal case by providing a detailed, culturally informed assessment.

## Where to look

Local professional directories:

- **Psychology Today**- Central Coast filter for "Immigration Evaluations" under "Types of Therapy"
- **AAMFT Therapist Locator**- "Find a therapist"
- **Central Coast Chapter of the Association for Marriage & Family Therapists (CC-CAMFT)**  
centralcoastcamft.org "Looking for a therapist?"

## Specialized MFT practices:

Some local MFTs offer evaluations for hardship waivers, asylum, VAWA, and cancellation of removal. Ask about their experience.

- **SLO Legal Assistance Foundation (SLOLAF)** – (805) 543-5140
- **Catholic Charities Diocese of Monterey** (serving SLO County) – (805) 706-8565
- **RISE or Lumina Alliance** – if your case involves domestic violence or trauma

## What to Ask a Potential Evaluator

- Do you have experience with evaluations for my type of case?
- How many evaluations have you written?
- What is your process and timeline?
- Do you coordinate directly with attorneys?
- Do you offer reports in Spanish (or other needed language)?
- What are your fees, and do you offer payment plans?

## What to Bring to Your Evaluation

- Your attorney's contact info
- Relevant court or case documents
- Medical, school, or therapy records
- Personal statement about your hardship or trauma

**Remember!** A strong evaluation does more than list symptoms: *It tells your story within the context of your family, culture, and community, helping the court see the real impact.*